

FollowMe™ Health Individual Insurance Plans

2021 Premium Rates – Ontario

Age group	Basic	Enhanced	Enhanced Plus	Premiere
Individual				
18-44	\$80.80	\$111.10	\$150.30	\$196.90
45-54	\$96.80	\$132.50	\$171.80	\$233.60
55-59	\$107.40	\$135.50	\$173.10	\$235.50
60-64	\$115.40	\$149.60	\$178.80	\$243.70
65-69	\$95.80	\$125.30	\$147.20	\$198.40
70-79	\$114.80	\$155.10	\$173.60	\$226.30
80-89	\$148.10	\$249.70	\$272.40	\$353.30
90+	\$185.50	\$319.20	\$333.00	\$414.10
Couple				
18-44	\$73.10	\$103.30	\$142.10	\$187.70
45-54	\$88.90	\$124.20	\$163.00	\$225.00
55-59	\$99.40	\$127.50	\$164.70	\$226.90
60-64	\$107.10	\$141.20	\$170.90	\$235.50
65-69	\$87.70	\$117.80	\$139.70	\$190.70
70-79	\$107.10	\$147.90	\$166.70	\$219.00
80-89	\$140.50	\$241.50	\$264.20	\$344.90
90+	\$177.50	\$311.20	\$324.70	\$405.40
Child (1 or 2 children)				
0-20	\$17.20	\$22.20	\$57.10	\$85.70
Child (3 or more children)				
0-20	\$15.40	\$20.00	\$51.40	\$77.10

All premium rates are quoted on a per month per person basis. Premiums for couples and children are per individual. Premiums are based on individual's age at time of application and will change in accordance with published age groups as the individual's age increases. Premiums effective March 1, 2021; subject to change without notice.



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FollowMe™ Health Individual Insurance Plans

2021 Premium Rates – Alberta

Age group	Basic	Enhanced	Enhanced Plus	Premiere
Individual				
18-44	\$78.70	\$102.00	\$138.80	\$185.50
45-54	\$91.20	\$118.60	\$155.60	\$212.30
55-59	\$101.60	\$126.20	\$162.70	\$221.80
60-64	\$107.00	\$135.70	\$164.10	\$225.10
65-69	\$87.70	\$106.60	\$125.80	\$180.80
70-79	\$95.30	\$118.40	\$135.90	\$186.40
80-89	\$104.60	\$156.90	\$177.60	\$241.70
90+	\$135.00	\$211.20	\$223.40	\$285.50
Couple				
18-44	\$70.70	\$93.90	\$130.40	\$176.10
45-54	\$83.00	\$110.30	\$147.20	\$203.20
55-59	\$93.30	\$118.00	\$154.10	\$213.10
60-64	\$98.90	\$127.70	\$155.80	\$216.60
65-69	\$79.80	\$99.20	\$118.80	\$172.70
70-79	\$87.00	\$111.50	\$129.30	\$178.70
80-89	\$96.70	\$148.50	\$169.70	\$233.30
90+	\$127.20	\$203.00	\$215.40	\$276.60
Child (1 or 2 children)				
0-20	\$25.00	\$32.00	\$65.50	\$99.90
Child (3 or more children)				
0-20	\$22.80	\$28.70	\$59.00	\$89.60

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FollowMe™ Health Individual Insurance Plans

2021 Premium Rates – British Columbia

Age group	Basic	Enhanced	Enhanced Plus	Premiere
Individual				
18-44	\$80.20	\$106.40	\$142.20	\$186.60
45-54	\$92.70	\$122.90	\$158.20	\$211.40
55-59	\$103.00	\$129.60	\$164.60	\$220.00
60-64	\$108.80	\$140.50	\$168.00	\$225.10
65-69	\$85.00	\$111.80	\$131.20	\$173.70
70-79	\$96.00	\$133.50	\$150.70	\$195.20
80-89	\$112.30	\$178.70	\$198.00	\$258.00
90+	\$154.90	\$250.10	\$261.40	\$322.30
Couple				
18-44	\$72.50	\$98.10	\$133.70	\$176.90
45-54	\$84.70	\$114.40	\$149.60	\$202.60
55-59	\$94.80	\$121.60	\$156.50	\$211.10
60-64	\$100.60	\$132.40	\$159.70	\$216.30
65-69	\$77.10	\$103.90	\$123.70	\$166.30
70-79	\$88.30	\$125.80	\$143.60	\$187.50
80-89	\$104.50	\$170.50	\$190.00	\$250.00
90+	\$146.60	\$241.90	\$253.30	\$313.60
Child (1 or 2 children)				
0-20	\$23.80	\$31.10	\$63.20	\$94.00
Child (3 or more children)				
0-20	\$21.60	\$28.10	\$56.80	\$84.80

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2021 Premium Rates – Manitoba

Age group	Basic	Enhanced	Enhanced Plus	Premiere
Individual				
18-44	\$78.70	\$103.80	\$138.20	\$182.10
45-54	\$90.60	\$122.10	\$156.60	\$210.70
55-59	\$100.90	\$129.50	\$163.60	\$219.60
60-64	\$106.20	\$139.70	\$166.40	\$224.10
65-69	\$104.80	\$141.80	\$160.90	\$216.10
70-79	\$116.30	\$165.00	\$182.70	\$241.50
80-89	\$132.30	\$202.70	\$222.90	\$297.30
90+	\$169.90	\$270.40	\$282.40	\$362.10
Couple				
18-44	\$70.70	\$95.70	\$129.80	\$172.40
45-54	\$82.50	\$113.60	\$147.90	\$201.60
55-59	\$92.50	\$120.60	\$155.00	\$210.50
60-64	\$98.10	\$131.20	\$158.20	\$215.40
65-69	\$96.70	\$133.40	\$153.00	\$208.10
70-79	\$108.10	\$156.90	\$175.00	\$233.30
80-89	\$124.30	\$194.70	\$214.70	\$288.80
90+	\$161.80	\$262.20	\$274.20	\$353.40
Child (1 or 2 children)				
0-20	\$24.10	\$31.10	\$62.30	\$93.20
Child (3 or more children)				
0-20	\$21.70	\$28.00	\$55.80	\$83.80

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2021 Premium Rates – New Brunswick

Age group	Basic	Enhanced	Enhanced Plus	Premiere
Individual				
18-44	\$86.20	\$114.70	\$151.30	\$200.50
45-54	\$100.50	\$136.40	\$173.90	\$232.80
55-59	\$111.40	\$144.00	\$180.90	\$241.60
60-64	\$118.10	\$156.80	\$184.70	\$247.80
65-69	\$117.90	\$159.60	\$179.90	\$240.30
70-79	\$130.90	\$186.20	\$204.60	\$268.70
80-89	\$147.80	\$226.90	\$247.70	\$329.00
90+	\$200.80	\$316.60	\$328.70	\$418.20
Couple				
18-44	\$78.50	\$106.80	\$143.10	\$190.50
45-54	\$92.40	\$128.00	\$164.90	\$223.30
55-59	\$103.00	\$135.70	\$172.00	\$232.50
60-64	\$110.00	\$147.90	\$176.40	\$239.10
65-69	\$109.90	\$151.50	\$172.20	\$232.00
70-79	\$122.70	\$177.90	\$196.70	\$260.60
80-89	\$140.10	\$218.90	\$240.10	\$320.30
90+	\$192.60	\$308.30	\$321.20	\$409.60
Child (1 or 2 children)				
0-20	\$26.80	\$34.40	\$67.40	\$101.00
Child (3 or more children)				
0-20	\$24.10	\$31.10	\$60.80	\$91.20

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2021 Premium Rates – Newfoundland and Labrador

Age group	Basic	Enhanced	Enhanced Plus	Premiere
Individual				
18-44	\$80.60	\$107.20	\$143.00	\$187.60
45-54	\$93.60	\$127.10	\$163.60	\$217.60
55-59	\$103.80	\$133.60	\$169.30	\$226.00
60-64	\$109.50	\$144.50	\$172.50	\$230.90
65-69	\$107.70	\$146.00	\$166.30	\$221.40
70-79	\$120.30	\$170.80	\$189.90	\$248.40
80-89	\$137.70	\$211.00	\$232.10	\$306.40
90+	\$186.10	\$293.80	\$307.40	\$387.20
Couple				
18-44	\$72.80	\$99.10	\$134.60	\$177.80
45-54	\$85.40	\$118.20	\$154.60	\$208.50
55-59	\$95.40	\$125.30	\$161.30	\$216.80
60-64	\$101.20	\$136.20	\$164.30	\$222.20
65-69	\$99.80	\$137.70	\$158.40	\$213.30
70-79	\$112.30	\$162.80	\$182.00	\$240.00
80-89	\$129.60	\$202.70	\$224.20	\$297.60
90+	\$177.90	\$285.70	\$298.90	\$378.60
Child (1 or 2 children)				
0-20	\$23.80	\$31.20	\$63.10	\$94.50
Child (3 or more children)				
0-20	\$21.60	\$28.10	\$56.70	\$85.00

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2021 Premium Rates – Nova Scotia

Age group	Basic	Enhanced	Enhanced Plus	Premiere
Individual				
18-44	\$83.40	\$111.00	\$145.30	\$190.80
45-54	\$96.60	\$131.10	\$166.10	\$221.30
55-59	\$107.20	\$138.50	\$172.20	\$229.60
60-64	\$113.60	\$150.60	\$176.40	\$235.50
65-69	\$85.80	\$119.10	\$138.40	\$182.50
70-79	\$97.00	\$142.40	\$159.70	\$205.40
80-89	\$112.80	\$179.30	\$197.70	\$257.20
90+	\$161.00	\$258.80	\$269.50	\$330.60
Couple				
18-44	\$75.30	\$102.60	\$136.60	\$181.30
45-54	\$88.70	\$122.50	\$156.80	\$212.00
55-59	\$98.90	\$130.00	\$164.00	\$220.70
60-64	\$105.50	\$142.10	\$168.00	\$226.60
65-69	\$77.80	\$111.20	\$130.60	\$174.70
70-79	\$89.30	\$134.50	\$151.60	\$197.30
80-89	\$105.00	\$171.30	\$190.00	\$248.60
90+	\$152.80	\$250.70	\$261.40	\$322.00
Child (1 or 2 children)				
0-20	\$25.60	\$33.10	\$64.00	\$95.10
Child (3 or more children)				
0-20	\$22.90	\$29.60	\$57.80	\$85.40

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2021 Premium Rates – Territories

Age group	Basic	Enhanced	Enhanced Plus	Premiere
Individual				
18-44	\$100.60	\$138.10	\$187.90	\$250.70
45-54	\$116.60	\$162.00	\$213.50	\$290.70
55-59	\$129.60	\$170.80	\$221.60	\$301.90
60-64	\$139.20	\$188.90	\$229.00	\$312.20
65-69	\$139.90	\$194.70	\$224.70	\$304.40
70-79	\$162.10	\$239.30	\$266.90	\$352.90
80-89	\$196.10	\$315.20	\$346.20	\$457.30
90+	\$254.90	\$419.00	\$438.80	\$557.40
Couple				
18-44	\$92.70	\$129.60	\$179.60	\$241.50
45-54	\$108.70	\$153.40	\$204.80	\$281.60
55-59	\$121.30	\$162.30	\$213.30	\$293.20
60-64	\$131.00	\$180.40	\$220.70	\$303.70
65-69	\$132.10	\$186.40	\$216.80	\$296.60
70-79	\$154.20	\$231.40	\$258.80	\$344.70
80-89	\$188.20	\$307.60	\$337.90	\$448.90
90+	\$247.10	\$411.10	\$430.60	\$548.70
Child (1 or 2 children)				
0-20	\$32.10	\$41.00	\$86.10	\$131.70
Child (3 or more children)				
0-20	\$28.80	\$36.90	\$77.50	\$118.20

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2021 Premium Rates – Prince Edward Island

Age group	Basic	Enhanced	Enhanced Plus	Premiere
Individual				
18-44	\$84.30	\$112.00	\$149.00	\$196.60
45-54	\$97.90	\$133.00	\$170.70	\$228.50
55-59	\$108.70	\$140.10	\$177.20	\$236.90
60-64	\$114.70	\$152.00	\$181.10	\$242.50
65-69	\$101.30	\$139.20	\$160.10	\$212.60
70-79	\$113.80	\$164.30	\$182.60	\$238.10
80-89	\$130.20	\$203.00	\$223.60	\$293.50
90+	\$180.80	\$287.60	\$299.60	\$374.20
Couple				
18-44	\$76.50	\$103.90	\$140.50	\$186.80
45-54	\$89.60	\$124.40	\$161.60	\$219.00
55-59	\$100.00	\$131.70	\$168.60	\$228.20
60-64	\$106.70	\$143.60	\$172.50	\$234.00
65-69	\$93.60	\$131.00	\$152.00	\$204.80
70-79	\$105.90	\$156.00	\$174.90	\$229.60
80-89	\$122.40	\$195.00	\$215.50	\$285.00
90+	\$172.60	\$279.30	\$291.50	\$365.40
Child (1 or 2 children)				
0-20	\$25.80	\$33.30	\$66.70	\$99.90
Child (3 or more children)				
0-20	\$23.40	\$30.10	\$60.20	\$89.60

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2021 Premium Rates – Quebec

Age group	Basic	Enhanced	Enhanced Plus	Premiere
Individual				
18-44	\$67.00	\$86.70	\$122.70	\$165.30
45-54	\$77.00	\$99.70	\$135.90	\$187.00
55-59	\$85.00	\$104.90	\$141.10	\$194.00
60-64	\$88.60	\$112.20	\$141.40	\$196.10
65-69	\$86.10	\$108.70	\$131.00	\$181.20
70-79	\$95.40	\$120.40	\$140.20	\$203.40
80-89	\$107.10	\$161.10	\$184.40	\$268.60
90+	\$144.40	\$225.10	\$240.60	\$329.90
Couple				
18-44	\$59.20	\$78.60	\$114.30	\$155.60
45-54	\$68.70	\$91.20	\$127.20	\$177.90
55-59	\$76.90	\$96.50	\$132.60	\$185.30
60-64	\$80.20	\$103.70	\$133.00	\$187.90
65-69	\$78.50	\$100.80	\$123.40	\$173.50
70-79	\$87.00	\$113.20	\$133.20	\$195.80
80-89	\$99.10	\$152.80	\$176.00	\$260.20
90+	\$136.60	\$216.80	\$232.20	\$320.90
Child (1 or 2 children)				
0-20	\$14.10	\$18.80	\$50.60	\$79.20
Child (3 or more children)				
0-20	\$12.60	\$17.10	\$45.70	\$71.00

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2021 Premium Rates – Saskatchewan

Age group	Basic	Enhanced	Enhanced Plus	Premiere
Individual				
18-44	\$77.10	\$101.90	\$132.60	\$175.30
45-54	\$88.60	\$119.10	\$150.30	\$201.60
55-59	\$98.70	\$126.30	\$156.70	\$209.70
60-64	\$103.80	\$136.40	\$159.40	\$214.70
65-69	\$88.10	\$111.70	\$136.60	\$167.20
70-79	\$98.30	\$131.70	\$157.00	\$189.20
80-89	\$120.40	\$175.60	\$195.80	\$237.30
90+	\$149.70	\$254.10	\$263.50	\$267.30
Couple				
18-44	\$69.20	\$93.80	\$124.10	\$165.80
45-54	\$80.20	\$110.80	\$141.60	\$192.30
55-59	\$90.20	\$117.90	\$148.00	\$201.00
60-64	\$95.70	\$128.30	\$152.00	\$206.20
65-69	\$81.20	\$105.50	\$130.10	\$161.00
70-79	\$91.50	\$125.30	\$150.50	\$182.70
80-89	\$113.50	\$168.90	\$188.80	\$230.60
90+	\$142.70	\$246.40	\$255.70	\$260.60
Child (1 or 2 children)				
0-20	\$23.50	\$30.20	\$58.20	\$87.20
Child (3 or more children)				
0-20	\$21.10	\$27.10	\$52.30	\$78.40

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